



# Sustainable Labs



Swansea University  
Prifysgol Abertawe

Sustainability  
Cynaliadwydd



Minimal Waste



Biodiverse  
Campuses



Sustainable  
Travel



Positive  
Procurement



Wellbeing  
and Health



Culture and  
Community



Knowledge  
and Skills

## How can I improve communications and wellbeing in the lab?

It is really important to share information with your lab colleagues, as well as the rest of your Faculty. It helps with implementation of new procedures and sharing best practice across the University. Engaging regularly with your colleagues can also help with wellbeing.



Below are some ideas of how you can increase communications in your space:

- Join your Faculty's 'Safety and Sustainability Network'
- Get involved with the Laboratory Efficiency Assessment Framework (LEAF), our great sustainable labs accreditation programme
- Include 'Sustainable Labs' as an agenda item on your local lab meetings and lab induction
- Join [our training](#) and feel more confident in your space
- Schedule breaks and social activities with your colleagues
- Get involved with Sustainability's [activities](#) including [SWell](#)

For more information contact your local Environment Officer, through:

- [sustainability@swansea.ac.uk](mailto:sustainability@swansea.ac.uk)

SwanseaSWell



[swansea.ac.uk/sustainability](https://swansea.ac.uk/sustainability)



[sustainability@swansea.ac.uk](mailto:sustainability@swansea.ac.uk)

