

HARBWR Fulton

ALL DAY breakfast



Breakfast Baps (with any below filling) £3.50

EXTRA FILLINGS:

Bacon	£1.00
Sausage	£1.00
Fried egg (V, HF)	£1.00
Poached egg (V, HF)	£1.00
Turkey Bacon (HF, NGCI)	£1.00
Vegetarian Sausage (V, HF)	£1.00
Cheesy hashbrowns (HF, NGCI)	£3.00

COOKED BREAKFAST

5 Item Breakfast	£5.00
7 item Breakfast	£6.00

the classics



CLASSIC DISHES

Beef burger	£5.00
Cheeseburger	£5.25
Chicken katsu burger (HF)	£5.00
Fish finger sandwich (HF)	£4.00
Veggie katsu burger (VE, HF)	£5.00
Beef and onion pie	£3.95
Chicken and mushroom pie	£3.95
Egg fried rice with vegetable spring roll (V, HF)	£5.00
Korma with rice (NGCI)	£5.00

SIDES

Giant onion rings (V)	£2.50
Crisp chips (NGCI, VE)	£2.50
Beef chilli fries (HF)	£3.95
Pulled pork dirty fries	£3.95



CHICKEN, CHIPS OR SALAD £4.50 CHICKEN

- Hot Piri Piri chicken wing
- Barbeque chicken thighs
- Tandoori chicken thigh
- Chargrilled chicken thigh
- Chicken nuggets
- Southern fried chicken tenders



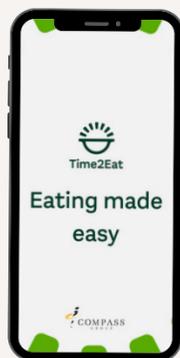
Lebanese spiced chickpea & aubergine stew with Persian rice (VE, NGCI)	£5.50
Moroccan slow cooked chicken fillet tagine with Persian rice	£5.50
Harissa and preserved lemon half roasted chicken (NGCI)	£7.00
Homemade spiced aubergine Lahmacun (Street Pizza) (V)	£5.00

SALADS

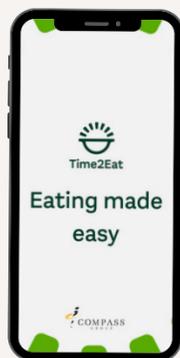
Coban salatasi (Turkish garden salad) (NGCI, VE)	£4.00
Moroccan chickpea salad (V)	£4.00

SIDES

Za'atar seasoned skinny fries (VE, NGCI)	£2.50
Halal chicken harissa skewer (HF, NGCI)	£2.50
Falafel with garlic dip (V, NGCI)	£3.50
Houmous (V)	£1.00
Pitta bread x2 (V)	£1.00



HARBWR Fulton



ALL DAY breakfast



Bapiau Brecwast

£3.50

LLENWADAU YCHWANEGOL:

Bacwn

£1.00

Selsig

£1.00

Wy wedi'i Ffrio (Figan) HF

£1.00

Wy wedi'i Botsio(Figan) HF

£1.00

Bacwn Twrci

£1.00

Selsig Llysieuol (Figan) HF

£1.00

Pati Tatws Brown Cawslyd (HF, NGCI)

£3.00

COOKED BREAKFAST

Brecwast 5 Eitem

£5.00

Brecwast 7 Eitem

£6.00

the classics



CLASSIC DISHES

Byrger Cig Eidion £5

£5.00

Byrger Caws £5.25

£5.25

Byrger katsu cyw iâr (HF) £5

£5.00

Brechdan Bysedd Pysgod (HF) £4.

£4.00

Byrger katsu llysieuol (Figan, HF) £5

£5.00

Pei Cig Eidion a Nionod £3.95

£3.95

Pei Cyw Iâr a Madarch £3.95

£3.95

Reis wedi'i ffrio ag Wy gyda Spring Rôl Llysiau (Llysieuol, HF, fe wnaethon ni wrando)

£5.00

Korma gyda Reis (NGCI)

£5.00

SIDES

Cylchoedd Nionyn Anferth (Llysieuol)

£2.50

Sglodion crimp

£2.50

Sglodion Tsili Cig Eidion (HF)

£3.95

Sglodion a phorc wedi'i rwygo

£3.95



CYW IÂR, SGLODION NEU SALAD £4.50

CYW IÂR

Adain cyw iâr Piri Piri poeth

Cluniau cyw iâr barbeciw

Clun cyw iâr tandwri

Clun cyw iâr wedi'i grilio

Nygets cyw iâr

Tendrau cyw iâr wedi'u ffrio mewn dull deheuol



Stiw Planhigyn Wy a Ffacbys Sbeislyd Libanus gyda Reis £5.50

Persia. Figan,NGCI

Tagine Morocaidd Ffiled Cyw Iâr wedi'i Goginio'n Araf Gyda £5.50

Reis Persia

Hanner Cyw Iâr Harissa a Lemwn Wedi'i Rostio NGCI £7.00

Lahmacun Planhigyn Wy Sbeislyd Cartref (Pizza Stryd) £5.00

Llysieuol

SALADS

Coban Salatasi (Salad Gardd Twrcaidd) NGCI,Figan £4.00

Salad Ffacbys Moroco. Llysieuol £4.00

SIDES

Sglodion Gyda Sennin Za'Atar (Figan), NGCI £2.50

Sgiwer Harissa Cyw Iâr Halal HF, NGCI, £2.50

Falafel gyda Dip Garlleg Llysieuol, NGCI £3.50

Hwmws Llysieuol, £1.00

Bara Pitta X 2 Llysieuol £1.00

HIDEAWAY



Rotating daily/weekly

Croissant
Pain au choc
Vegan croissant
Cookies
Pain au raisin
Welsh cakes
Bara brith

Harbwr + Hideaway exclusive

Blueberry Tulip Muffin
Salted Caramel Tulip Muffin
Lemon Drizzle Loaf Cake
Donut The Belgiyummy
Donut Berry White
Donut Spectaculous
Donut Queen V
Donut Nutty Zafari



Lebanese spiced chickpea & aubergine stew with Persian rice (VE,NGCI)	£5.50
Moroccan slow cooked chicken fillet tagine with Persian rice	£5.50
Harissa and preserved lemon half roasted chicken (NGCI)	£7.00
Homemade spiced aubergine Lahmacun (Street Pizza) (V)	£5.00
SALADS	
Coban salatasi (Turkish garden salad) (NGCI,VE)	£4.00
Moroccan chickpea salad (V)	£4.00
SIDES	
Za'atar seasoned skinny fries (VE, NGCI)	£2.50
Halal chicken harissa skewer (HF, NGCI)	£2.50
Falafel with garlic dip (V, NGCI)	£3.50
Houmous (V)	£1.00
Pitta bread x2 (V)	£1.00



Traditional Sausage Roll - Proper Cornish 8"	£3.00
Steak Slice	£2.50
Chicken Mushroom Slice	£2.50
Vegan Sausage Roll 6" (HF, VE)	£2.50
Chicken Masala Slice	£2.50
Vegan Pasty (HF, VE)	£3.50
Traditional Steak Pasty	£4.00

the classics



SERVED AFTER 3PM - ROTATIONAL

Beef burger	£5.00
Cheeseburger	£5.25
Chicken katsu burger (HF)	£5.00
Fish finger sandwich (HF)	£4.00
Veggie katsu burger (VE, HF)	£5.00
Beef and onion pie	£3.95
Chicken and mushroom pie	£3.95
Egg fried rice with vegetable spring roll (V, HF)	£5.00
Korma with rice (NGCI)	£5.00
SIDES	
Giant onion rings (V)	£2.50
Crisp chips (NGCI, VE)	£2.50
Beef chilli fries (HF)	
Pulled pork dirty fries	£3.95

MONDAY - CURRY DAY

Chicken tikka
Veg balti
Thai green curry
Mini puppadoms
Rice
Naan bread £1

TUESDAY - PIE + MASH

Steak and ale pie.
Parsnip and butternut squash pie
Mash
Broccoli
Onion Gravy

WEDNESDAY - NOODLES

Dashi broth	Tofu
Noodles	Chicken
Spring onion	Sesame seed
Egg	Cucumber
Chilli	Fried greens
Crispy onion	Ra yu oil
Charred broccoli	Pork meatballs

THURSDAY - ROAST

Rotational meat, chicken, lamb, pork
Salt baked celeriac.
Roast pot
Roasted veg.
Gravy

FRIDAY - FISH

Battered Haddock
Wedges
Peas
Tartar sauce
Lemon wedge

HIDEAWAY



Rotating daily/weekly

Croissant
Pain au chocolat
Croissant Figan
Cwci
Pain au raisin
Pice ar y Maen
Bara brith

Harbwr + Hideaway exclusive

Myffin Tiwlip Llus
Myffin Tiwlip Caramel Hallt
Cacen Dorth Diferion Lemon
Toesen Belgiummy
Toesen Aeron Gwyn
Toesen Spectaculous
Toesen y Frenhines F
Toesen Nutty Zafari



Rholyn Selsig	£3.00
Sleisen Stêc â Phupur	£2.50
Sleisen Cyw Iâr a Madarch	£2.50
Rholyn Selsig Figan(HF, VE)	£2.50
Sleisen Masala Cyw Iâr	£2.50
Pastai Figan (HF, Figan) (HF, VE)	£3.50
Pastai Stêc Traddodiadol	£4.00



Stiw Planhigyn Wy a Ffacbys Sbeislyd Libanus gyda Reis Persia. Figan,NGCI	£5.50
Tagine Morocaid Ffiled Cyw Iâr wedi'i Goginio'n Araf Gyda Reis Persia	£5.50
Hanner Cyw Iâr Harissa a Lemwn Wedi'i Rostio NGCI	£7.00
Lahmacun Planhigyn Wy Sbeislyd Cartref (Pizza Stryd) Llysieuol	£5.00

SALADS

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SIDES

Sglodion Gyda Sesnin Za'Atar (Figan), NGCI	£2.50
Sgiwer Harissa Cyw Iâr Halal HF, NGCI,	£2.50
Falafel gyda Dip Garlleg Llysieuol, NGCI	£3.50
Hwmws Llysieuol,	£1.00
Bara Pitta X 2 Llysieuol	£1.00

the classics



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Byrger Cig Eidion £5	£5.00
Byrger Caws £5.25	£5.25
Byrger katsu cyw iâr (HF) £5	£5.00
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SIDES

Cylchoedd Nionyn Anferth (Llysieuol)	£2.50
Sglodion crimp	£2.50
Sglodion Tsili Cig Eidion (HF)	£3.95
Sglodion a phorc wedi'i rwygo	£3.95

DYDD LLUN: DYDD LLUN CYRI

Cyri tikka cyw iâr
Cyri balti llysieuol
Cyri gwyrdd Thai
Puppadoms bach
Reis
Bara Naan £1

DYDD MAWRTH: DYDD MAWRTH PEI

Pei stêc a chwrw.
Pei pannas a phwmpen cnau menyng
Stwnsh
Brocoli
Grefi Nionod

DYDD MERCHER: POWLEN NWDLS

Potes Dashi Nwdls Shibwns Wy Tsili Coch Winwns crensiog Brocoli dros olog	Tofu Cyw iâr Hadau Sesame Ciwcybr Llysiau gwyrdd wedi'u ffrio Olew ra yu Peli cig porc
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DYDD IAU: RHOST DYDD IAU

Cylchdro o gig, cyw iâr, cig oen, porc
Seleriac wedi'i bobi â halen.
Pot rhost
Llysiau wedi'u rhostio.
Grefi

DYDD GWENER: DYDD GWENER PYSGOD

Hadog mewn Cytew
Talpiauw Tatws
Pys
Saws Tartar
Darn o lemon

Taliesin



Rotating daily/weekly

Toast (white and brown bread)
Croissant
Pain au choc
Vegan croissant
Cookies
Pain au raisin
Welsh cakes
Bara brith

Taliesin exclusive

Chocolate and strawberry NY style croissant
Raspberry and white chocolate NY style croissant
Vegan Carrot and pistachio cake (VE)
St Clements cake
Ham and cheese croissant
Cheese and tomato croissant (V)

evening menu*

7" Margherita	£5.00
7" Pepperoni	£5.00
7" Veggie Feast	£5.00
7" Meat Feast	£5.00

Loaded Chilli Beef Nachos	£6.50
Loaded Vegan Chilli Nachos	£6.50

*Available on request

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Veg balti
Thai green curry
Mini puppadoms
Rice
Naan bread £1

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Roasted veg.
Gravy

FRIDAY – FISH

Battered Haddock
Wedges
Peas
Tartar sauce
Lemon wedge



DELICIOUS SALAD BOWL

Leafy Salad
Coleslaw
Tomatoes
Grated Carrot
Sliced Cucumber
Sweetcorn
Grilled Vegetable Salad
Coronation Potato Salad
Olives

Thousand Island Dressing
Edamame beans
Croutons
Shaved parmesan
Salad Cream
Citrus Dressing
Olive Oil
Caesar Dressing
Vegan Ranch Dressing
Bread Selection

