

INFORMATION SHEET

Qualitative Face Fit Testing Pre-Appointment Information

- 1. Please do not smoke, vape, drink (except plain water), eat or chew gum within 30 minutes of a face fit test**

This reduces the risk of food/ drink/ smoke/ vape/ gum leaving a residual taste in the mouth that could be confused or mask the taste of the test agent.

- 2. Individuals being tested must be clean shaven in the RPE face seal region**

Stubble, beards, sideburns can all cause problems with the seal between the respiratory protective equipment (RPE) and the face.

- 3. Note, long hair may need to be tied back during RPE fit testing**

Long hair moving through the RPE seal can cause a failed test or if not tight to the scalp causes issues with the tightening of the mask's head harness.

- 4. Please bring your own respirator(s), in a clean, uncontaminated condition, with you to the fit test appointment (if you already have one)**

Although a respirator can be provided, conducting the fit test when wearing your own respirator(s) is preferable as the test will identify if there is anything else wrong with your RPE that could cause inward leakage of hazardous substances. You should bring all tight fitting RPE worn by you for face fit testing as you will need to be tested wearing each mask. The mask must be fitted with particulate or combination particulate and gas/vapour filters.

If you do not have a respirator, a test mask will be provided and used to determine the correct size and model of mask which is right for you.

- 5. Please bring any other PPE you wear on your head to the fit test and wear your normal spectacles/ safety glasses**

Protective equipment worn on the head can exert pressure and affect the seal between RPE and the face. If other PPE is not worn during the fit test, these potential problems are not discovered.

- 6. Test solutions used include: Bitter test kit is denatonium benzoate, sodium chloride and water in a fine mist. The sweet test agent is sodium saccharin and water. Please inform the face fit tester if you have any allergies to these substances.**