



Search: StudentLifeSU

GO! News

| Discover - Enrich - Connect |

Dear Reader

Welcome to our September Welcome Edition 2026!

We hope the move to Swansea went smoothly and that you are settling in to your new home!

This newsletter should help you get a bit more information on the type of events we have to offer, our volunteering scheme we have available and the services we have to offer.

Our aim for these events is to give you the opportunity to meet new people, to get to know the local area and most importantly to enjoy the first few months of your University experience!

Our activities also run all year round!

If you have any event suggestions please email gosocial@swansea.ac.uk - we greatly appreciate them!

Emma, Fiona, Abbie, Nick, Nic, Mike, Kayleigh, Beth, Clare

VISA Advice



VISA Advice Team

Here to help

The VISA Advice Team are here to help and support International students with non academic queries. In particular we can help with visas and immigration, international family questions and cultural aspects of living in the UK. We also provide opportunities for social interaction and community building through our GO! Programme.

Please visit our website to explore our pages of advice and guidance, as well as details on how you can get in contact with us via email, Live Chat, ad hoc webinars or other online activities:

www.swansea.ac.uk/visa-advice

We also have our Instagram account, where you can tag us and when you go on events, keep an eye for your photos!

<https://www.instagram.com/studentlifesu/>

What's Going On?

Our social programme will be bursting with exciting activities to make your time here even more enjoyable! Here is a list of some of our upcoming events:

- 1st September - GO! Social: Bowling
- 3rd September - GO! Social: Coffee and Chat
- 8th September - GO! Social: Quiz Evening
- 10th September - GO! Social: Coffee and Chat
- 15th September - GO! Social: Quiz Evening
- 22nd September - GO! Social: Picnic in the Park
- 23rd September - GO! Walk: Explore Swansea
- 24th September - GO! Social: Beach on the Bay
- 25th September - GO! Trip: Designer Outlet by Bus
- 30th September - GO! Walk: Explore Swansea
- 3rd October - GO! Trip: Cardiff by Train
- 5th October - GO! Social: Welcome Breakfast
- 7th October - International Welcome Day
- 8th October - GO! Social: Board Games
- 12th October - GO! Social: Welcome Breakfast
- 14th October - International Welcome Day
- 15th October - GO! Social: Board Games
- 20th October - Language Cafe
- 22nd October - GO! Eat:Desi Swaag
- 24th October - GO! Trip: Bristol

All of these can be booked at:

<https://university-swansea.native.fm/group/5010/student-life-go>



GO! Programme Lookback

GO! Trip: Margam Park

Our GO! Trips to Major UK cities are always our most popular events. In June, we first headed to Margam Park, which is a Grade I listed garden, set within a landscape of beautiful trees, shrubs and seasonal flowers - and there was Barrio Fiesta on when we went. There was food, music and a dance showcase!

"It was good that there was an event there in Margam Park which is the Barrio Fiesta."

"The food was amazing at the Fiesta"

"The animals in the Park were cute!"

Meet the GO! Team

In each edition we will meet another GO! Team Member!

Your name: Emma Thuy Nga

Your course: English Literature and Culture

Nationality: French and Vietnamese



Why did you choose to study at Swansea University?

My professors at my home university in France first introduced me to Swansea University. I was really drawn to the environment, the friendly atmosphere. I also loved how many opportunities there are to get involved outside of academics, whether through volunteering, student activities, or events on campus.

Why did you decide to volunteer as a GO! Team member?

I've always enjoyed helping people and building connections through positive experiences, I wanted to be able to support other students, by sharing what I've learned. Starting university in another country can feel overwhelming at times, so advice can really help someone feel more comfortable.

What do you see as your main job as a GO! Team member?

The main role is to help students feel welcomed, included, and supported throughout their university experience. Sometimes something as simple as answering questions, giving reassurance, or having a friendly conversation can make a huge difference.

What makes a good GO! Team member?

A good GO! Team member is someone who is approachable, open-minded, and genuinely willing to help others. Since students all come from different cultures and backgrounds, kindness, patience, and good communication are really important qualities.

What has been the best part of being a GO! Team member so far?

The best part has definitely been meeting so many different students. Every new interaction feels like a new experience and an opportunity to learn and grow. I've really enjoyed being able to share my own culture while also learning about other people's backgrounds, traditions, languages, and experiences.

Why do you think other students should apply to be on the GO! Team?

I would definitely encourage other students to apply because it's a valuable experience. Being part of the team helps you develop so many important skills, from communication and teamwork to creativity and confidence. It also encourages you to step outside your comfort zone, try new things, and learn more about yourself.

The GO! Team Volunteer Programme

Volunteering is a great way to meet people, gain employability skills and get involved with the community.

If you'd like to volunteer as a GO! Team Member, and want more information please register for a discovery account and sign up to be a

GO! Team Volunteer here:

<https://volunteering.discoverysvs.org/volunteers/opportunity/1019315>

or email gosocial@swansea.ac.uk.



OPEN NOW

INSIDE
HARBWR ON
THE FIRST
FLOOR OF
FULTON



All of our
Singleton
socials will
be here!

Recipe Idea: Welshcakes

A Welsh teatime treat passed on through generations and still as popular as ever.

Ingredients

8oz / 220g self-raising flour

4oz / 110g margarine or butter

2oz / 55g caster sugar

1 or 2 handfuls of sultanas

1 or 2 free-range eggs,
depending on mixture

Method

- Sieve flour into bowl, then add margarine or butter, rub in finely together
- Add sugar and sultanas and mix
- Add 1 egg and mix. The consistency needs to be bound together, so if too dry add another egg
- Roll out on a floured board, to about a quarter inch thick
- Cut using a 2-inch (5cm approx) cutter, then cook on a greased pan, or bake stone, on a medium heat for about 4 to 5 minutes each side
- The exact cooking length will depend on what you are cooking your Welsh cakes on, but keep a close eye - too short a period and they won't be cooked in the middle, and cooked for too long and they will be dry. When touched during cooking they should feel springy, but not wet to the touch (no mixture should come out of the middle)
- Once cooked dust with caster sugar and enjoy!



GO! Eat | Cost £10 (usually)



Why not join us for our next GO! Eat? Our host restaurant will typically provide us with a £15 set-menu for us and there's always plenty of food! Keep an eye on our social media for where we go next! <https://www.instagram.com/studentlifesu/>