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Karen Hughes is Research and Capacity Development Manager (Specialist Projects) at Public Health Wales and an Honorary Professor at Bangor University's College of Health and Behavioural Sciences. Karen has a broad public health research portfolio with particular focus on violence prevention, adverse childhood experiences, alcohol use and youth risk behaviours. She has contributed to numerous studies examining the impacts of adverse childhood experiences on health and well-being both in the UK and internationally, and supports the World Health Organization (WHO) in promoting the public health approach to violence prevention. She is a member of the global Violence Prevention Alliance and has acted as an expert advisor to organisations including WHO, the European Monitoring Centre for Drugs and Drug Addiction, the Department of Health and the National Institute for Health Research. She has published over 80 academic papers and a wide range of national and international reports to inform public health policy and practice.