

**Ben Hannigan PhD RN, Professor of Mental Health Nursing, School of Healthcare Sciences, Cardiff University**



I have worked as a researcher and teacher in Cardiff since 1997, having previously worked as a community mental health nurse in East London. My personal research training has been in in-depth qualitative case study design and methods, and I now collaborate with colleagues (including people with lived experience of mental health problems) to study mental health systems. This is my preferred term as it captures the idea that everything is connected: people, policies, processes and practice. Recent and ongoing projects I have worked on include: investigations into care planning and coordination in community and hospital mental health settings; young people's connections to family, friends and education during periods of inpatient mental health care; social networks and shared decision-making for people using mental health social care services; and novel interventions for people with treatment-resistant post-traumatic stress disorder. I am active in my professional field and outward-facing in my work, and am currently Vice Chair (and Chair Elect) of Mental Health Nurse Academics UK. I contribute to nursing policy, practice and education initiatives at national level and routinely use personal and multi-author blogs and open access publishing to communicate and engage.

Email: [hanniganb@cardiff.ac.uk](mailto:hanniganb@cardiff.ac.uk)

Twitter: @benhannigan

Blog: <http://benhannigan.com>