



Swansea

Need advice or support on money matters, looking after someone, learning, volunteering, general well-being or specific health advice?

Search the Healthy City Directory to find an organisation or group that can help.

www.healthycitydirectory.co.uk

Don't have access to the internet?
We're working in partnership with NHS Direct Wales,
you can call them on **0845 46 47** and ask an adviser to search the
Healthy City Directory for you.

For further information please contact 01792 601800 info@healthycitydirectory.co.uk